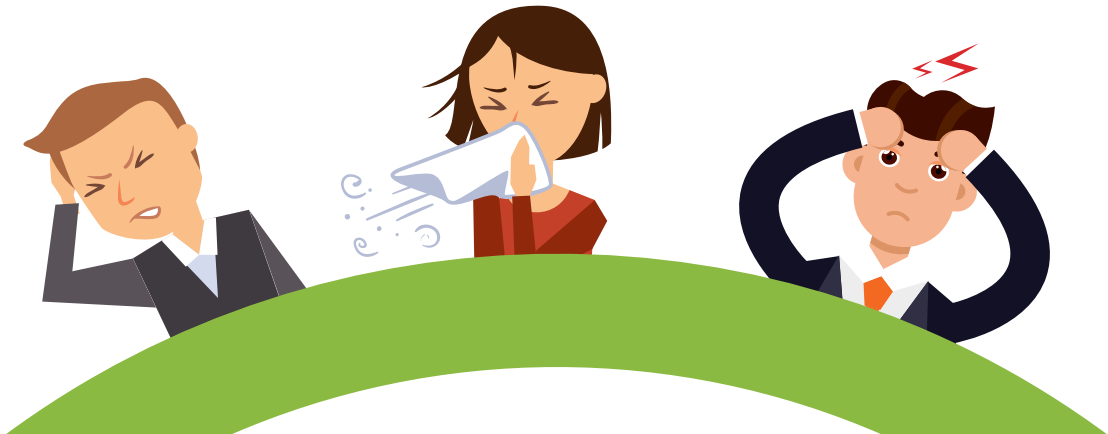




# FluClinic2You

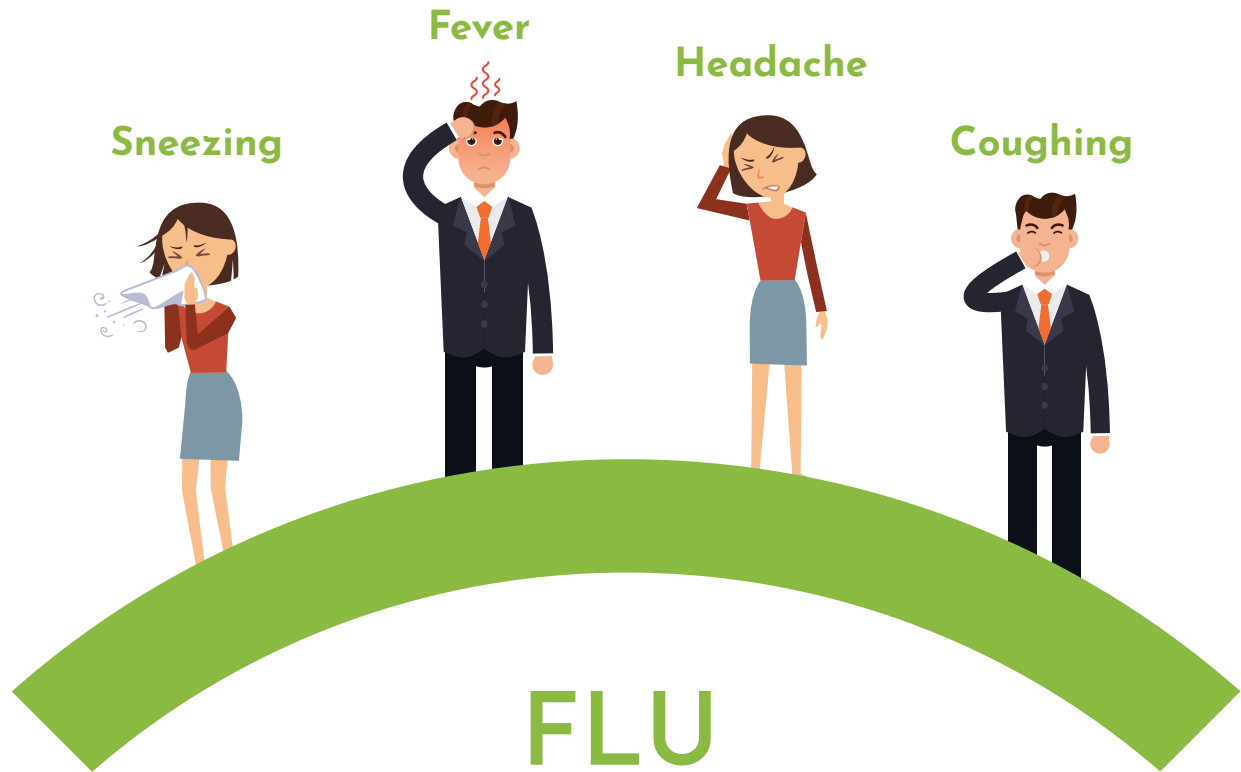
Flu Vaccination Service  
**2023-24**





It is estimated that sickness absence  
caused by flu costs an employer  
**£522** per employee<sup>1</sup>.

The flu vaccination costs  
**£16\*** per employee.



The flu is a common term known for the influenza virus - a highly contagious virus that causes respiratory diseases and other complications.

The most common symptoms of the flu are coughing, sneezing, fever, headaches, muscle pain and extreme fatigue.

# How Does The Flu Affect The Workforce

The flu can affect the workplace in different ways which can affect both productivity and employment costs.

The World Health Organisation (WHO) estimates that up to 10% of the UK population can develop influenza each year. The seasonal influenza virus can affect all age groups and causes considerable morbidity and mortality<sup>2</sup>.



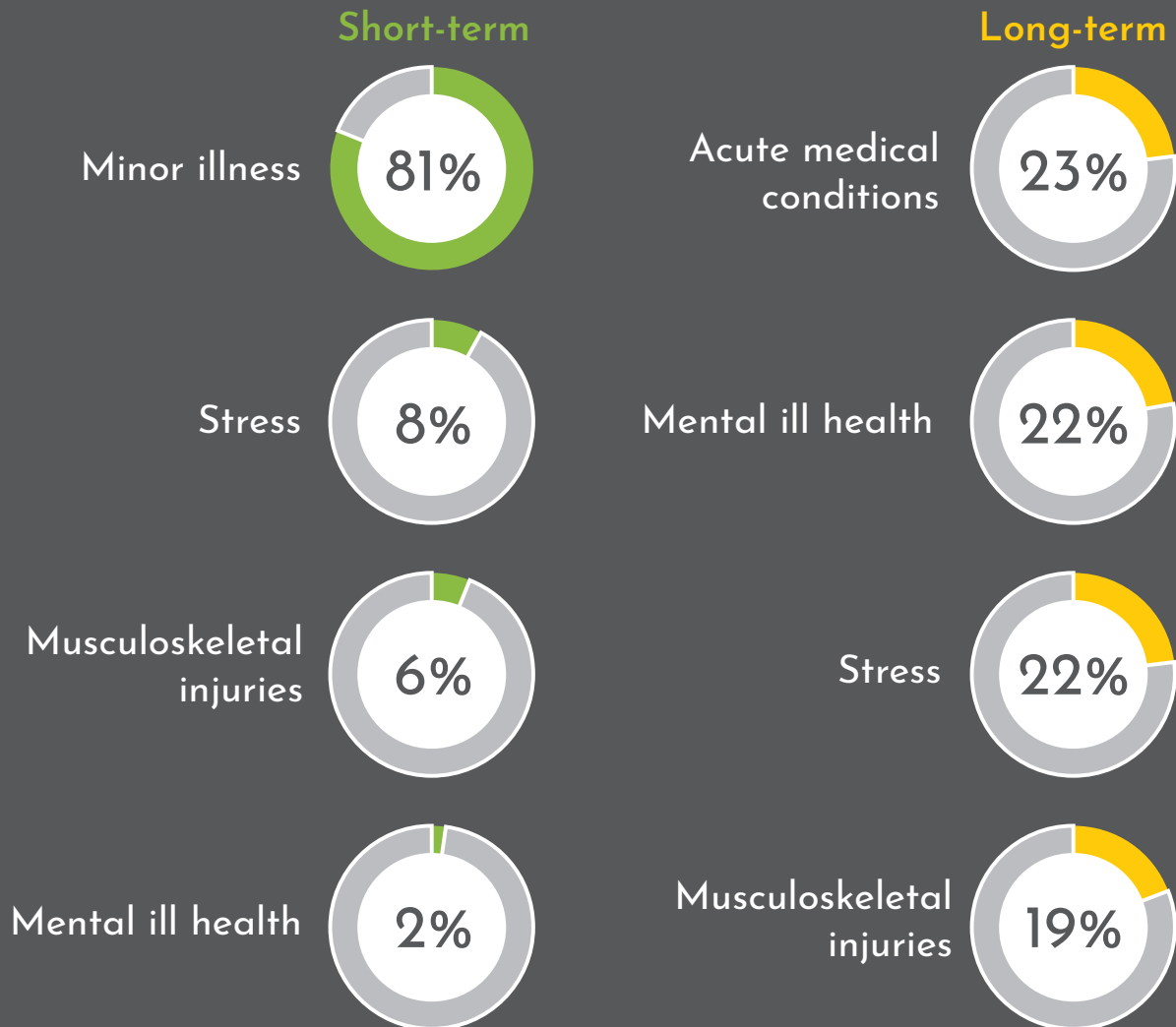
**31,200**  
hospital admissions  
each year



**24,800**  
deaths each year<sup>3</sup>

Minor illnesses (including colds, flu, stomach upsets, and headaches) are the most common cause of short term illnesses in organisations.

# The Most Common Cause of Absence<sup>4</sup>



# Costs of the flu to the workplace

A typical case of flu confines an employee to **THREE** to **FOUR** days in bed and reduced productivity for up to a week afterwards<sup>5</sup>.



This accumulates  
to an average of  
**£522**  
in sickness  
absence costs<sup>1</sup>.

The average number of  
absent days each year is  
**6.6 days**  
per employee<sup>4</sup>.

Flu vaccinations save  
the UK economy up to  
**£28.9m**  
in sick day costs<sup>6</sup>.

4. CIPD. Health and Well-being at Work. 2018.

5. Szucs TD. The role of burden-of-illness research. Pharmacoeconomics. 1999; 16 Suppl 1: 27-32.

6. Personnel Today. Flu vaccination saves UK economy up to £28.9m in sick day costs. 2018.

# Simple ways to prevent catching the flu virus

1. Having a flu vaccination each year.

The World Health Organisation (WHO) recommends that routine annual influenza vaccination is the most effective preventative measure available against flu infection and disease<sup>2</sup>.

2. Washing your hands & Keep surfaces clean.



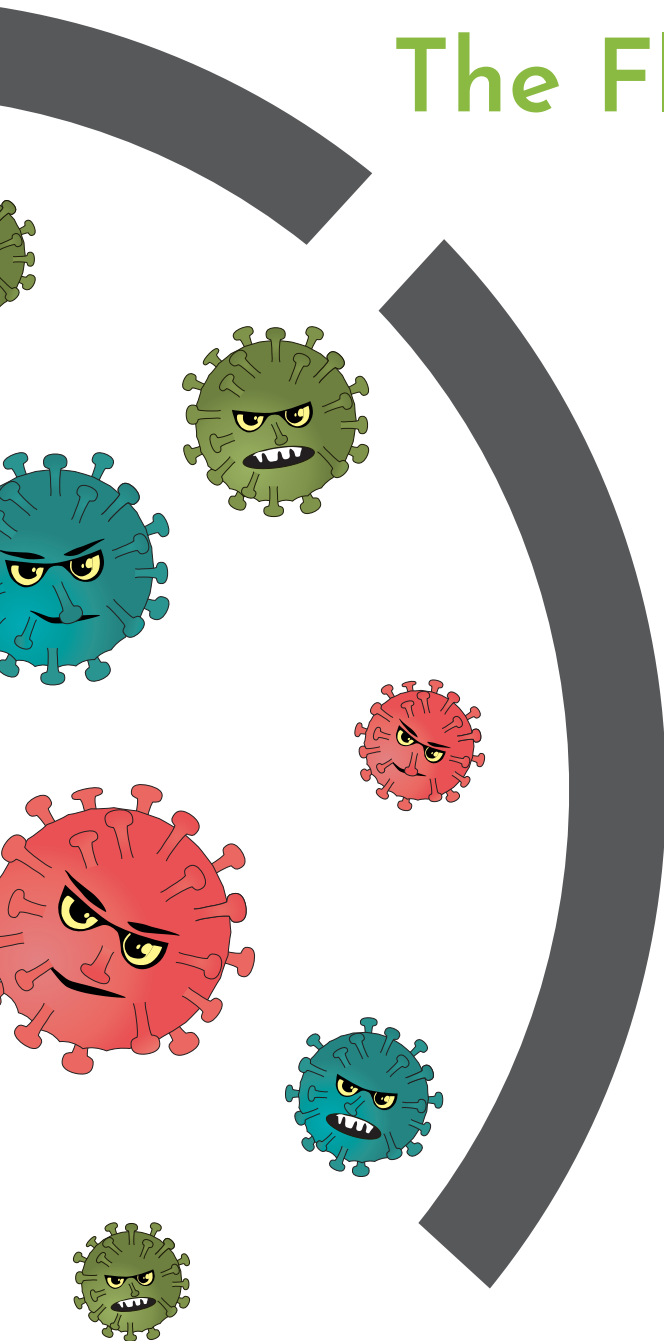
# The Flu Vaccine

A new flu vaccine is developed each year against the most prevalent strains of the influenza virus.

It is important to get **vaccinated each year**.

The vaccine will help **prevent** people from **getting the flu, reduce the severity of symptoms** if they were to catch the flu and also **prevent transmission** of the influenza virus around the workplace.

Research shows that the vaccination helps prevent up to **626,000** cases of influenza per year in England<sup>7</sup>.





# Flu Vaccination Options

Our recommendations are in line with WHO studies and Public Health England guidelines to ensure all our clients have the best level of protection against the flu this year.

1. Quadrivalent Vaccination (QIV) - for those aged between 18 and 64 years old.

2. The Adjuvanted Trivalent Vaccinations (aTIV) - for those aged 65 and older.



# Employer Benefits

- Reduce employee absence costs
- Low cost to benefit scheme - productivity in the workplace will improve greatly
- Improve employee wellbeing
- Help to prevent transmission of the flu in the workplace



# Why FluClinic2You



On-site vaccinations  
for employees and  
employers



Competitive  
prices



Flexibility to ensure  
our clinic runs to  
your specific needs



An individualised  
vaccination service



Online booking  
system





# FluClinic2You

To find out more about our  
vaccination service please email us at

[info@fluclinic2you.com](mailto:info@fluclinic2you.com)

## Our Other Services

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### Health Assessments

We provide on-site health checks.

With instant results our clinicians will provide lifestyle advice to all clients to help promote a healthy workforce.

### Travel Vaccinations

Are you sending your employees abroad for work?

We can provide all the travel vaccinations on-site to help make their transition a little easier.

[www.fluclinic2you.com](http://www.fluclinic2you.com)